



Doncaster Council

5th March, 2019

To the Chair and Members of the Children and Young People Overview and Scrutiny Panel

Children and Young People's Mental Health in Doncaster

Relevant Member(s)	Cabinet	Wards Affected	Key Decision
Councillor Nuala Fennelly Cabinet Member for Children, Young People and Schools		All	None

EXECUTIVE SUMMARY

1. At the request of the Overview & Scrutiny Panel this report is intended to provide an overview of Children and Young People's Mental Health in Doncaster. The format of the report is principally in the form of a presentation with pertinent background contained to this report document.

EXEMPT REPORT

2. The report is not exempt.

RECOMMENDATIONS

3. The Panel is asked to consider and comment on the information provided and identify Children and Young People's Mental Health topics for future Panel discussion.

WHAT DOES THIS MEAN FOR THE CITIZENS OF DONCASTER?

4. The Overview and Scrutiny of health is an important part of the Government's commitment to place patients at the centre of health services. It is a fundamental way by which democratically elected community leaders may voice the views of their constituents and require local NHS bodies to listen and respond. In this way, Local Authorities can assist to reduce health inequalities and promote and support health improvement.

BACKGROUND

5. The Future in Mind (2015) report (Section 20 of this document) set out 5 key principles considered to be fundamental to creating a system that properly supports the emotional wellbeing and mental health of children and young people.
6. These principles are as follows:
 - Promoting resilience, prevention and early intervention
 - Improving access to effective support – a system without tiers
 - Care for the most vulnerable
 - Accountability and transparency
 - Developing the workforce
7. Future in Mind (2015) provided a platform for the development of Local Transformation Plans (LTP) which articulated how each area intended to meet the above principles between 2015-2020.
8. Closely aligned to this is The NHS Five Year Forward View for Mental Health (Section 20 of this document) which consolidates national mental health policy into a cohesive investment and development package aimed at raising Mental Health awareness, reducing stigma and recognising holistic physical and mental needs of people accessing the healthcare system. The document sets out the case for change and principles that should drive service development to overcome the poor parity in mental health investment compared with physical healthcare.
9. The Five Year Forward View was developed further into a clear themed program to provide clarity of expectation to commissioners and Mental Health Providers alongside outcome objectives underpinning each initiative. Local interpretation is still required in order to align development with local structures and local determination of needs but the national overarching direction helps to consolidate evidenced based commissioning. The themed implementation guidance can be found within Section 20 of this document “Implementing the Five Year Forward View for Mental Health”
10. Five Year Forward View MH themes specific to children and young people include:
 - Children & Young Peoples Mental Health
 - Perinatal Mental Health
 - Health and Justice
 - Suicide Prevention
 - Sustaining Transformation, including workforce
11. The presentation can be found within Appendix A. This presentation details the case for change and local development framed around the Local Transformation Plan. This presentation also includes an update on both the Green Paper Trailblazer pilot and the recently awarded pilot relating to improving mental health assessments for children entering care.

OPTIONS CONSIDERED

12. There are no specific options to consider within this report as it provides an opportunity for the Panel to receive an update on Children and Young People's Mental Health.

REASONS FOR RECOMMENDED OPTION

13. This report provides the Panel with an opportunity to understand the policy focus and impact on local service improvement.

IMPACT ON COUNCIL'S KEY OBJECTIVES

	Outcomes	Implications
1.	<p>Doncaster Working: Our vision is for more people to be able to pursue their ambitions through work that gives them and Doncaster a brighter and prosperous future;</p> <ul style="list-style-type: none"> • Better access to good fulfilling work • Doncaster businesses are supported to flourish • Inward Investment 	<p>As part of the Children and Young People's plan, there is a focus on raising the aspirations of our local children and young people.</p> <p>We intend to achieve this by ensuring that all children attend a good or better setting, have access to work experience opportunities and aspirations are raised to ensure they reach their full potential and have the best outcomes possible in their adult life.</p> <p>The developments aligned to the Green Paper will also support our children and young people to achieve their aspirations by providing early identification and subsequent intervention(s) in order to support our children and young people to attain the best educational outcomes possible in a supportive environment, free from stigma with increased awareness of social, emotional health and wellbeing.</p>
2.	<p>Doncaster Living: Our vision is for Doncaster's people to live in a borough that is vibrant and full of opportunity, where people enjoy spending time;</p>	<p>Mental Wellness is a key enabler for people to fulfil their ambition and explore their potential. We aim to improve</p>

	<ul style="list-style-type: none"> • The town centres are the beating heart of Doncaster • More people can live in a good quality, affordable home • Healthy and Vibrant Communities through Physical Activity and Sport • Everyone takes responsibility for keeping Doncaster Clean • Building on our cultural, artistic and sporting heritage 	<p>accessibility and resilience of mental health services operating across a broad spectrum of settings from prevention and community through to inpatient care.</p>
3.	<p>Doncaster Learning: Our vision is for learning that prepares all children, young people and adults for a life that is fulfilling;</p> <ul style="list-style-type: none"> • Every child has life-changing learning experiences within and beyond school • Many more great teachers work in Doncaster Schools that are good or better • Learning in Doncaster prepares young people for the world of work 	<p>In Doncaster we aspire to close the gaps between vulnerable and non-vulnerable groups to ensure that Children and Younger people have equity of access to learning and subsequent post-education opportunities.</p> <p>We must do this by ensuring that Children in Care and Care leavers are supported in the school system through better advice and guidance, better tracking, improved advocacy programmes and workforce development and that all children have access to an educational setting, which is appropriate to their needs, including those with SEND and social, emotional and behavioural difficulties.</p> <p>By addressing these gaps via school mental health champions, school mental health support teams and the implementation of the THRIVE consultation and advice model, we are providing Doncaster's children and younger people with opportunities which address the risk factors known to contribute to poor mental health for example; socioeconomic status, employment status and</p>

		<p>emotional resilience.</p> <p>The developments aligned to the Green Paper will also support our children and young people to achieve their aspirations by providing early identification and subsequent intervention(s) in order to support our children and young people to attain the best educational outcomes possible in a supportive environment, free from stigma with increased awareness of social, emotional health and wellbeing.</p>
<p>4.</p>	<p>Doncaster Caring: Our vision is for a borough that cares together for its most vulnerable residents;</p> <ul style="list-style-type: none"> • Children have the best start in life • Vulnerable families and individuals have support from someone they trust • Older people can live well and independently in their own homes 	<p>Through the work of the children's front door, there is an integrated response to ensure that children, younger people and their families receive the right support at the right time with a view to only having to tell their story once.</p> <p>The Perinatal service which will be commissioned to cover the ICS footprint will provide support to expectant/new parents in order to ensure that each child/family has the best possible start in life. This also dovetails with the 1001 days workstream.</p> <p>The new mental health assessment framework for looked after children (pilot in partnership with The Anna Freud Centre) will ensure that children entering care/currently in care, their families/foster carers will have a more holistic and robust assessment of emotional health and wellbeing needs, resulting in a shared formulation across agencies, with a view to improving support</p>

		and an aspiration of reducing their time spent in care.
5.	<p>Connected Council:</p> <ul style="list-style-type: none"> • A modern, efficient and flexible workforce • Modern, accessible customer interactions • Operating within our resources and delivering value for money • A co-ordinated, whole person, whole life focus on the needs and aspirations of residents • Building community resilience and self-reliance by connecting community assets and strengths • Working with our partners and residents to provide effective leadership and governance 	Doncaster CCG and Doncaster Borough Council are developing single Lifestage commissioning plans to reflect the better working together opportunity.

RISKS AND ASSUMPTIONS

14. There are no specific risks relating to this report.

LEGAL IMPLICATIONS (HW 220219)

15. In accordance with various pieces of legislation, including but not limited to duties under the Care Act 2014, the Council has a duty to promote an individual's well-being, including their physical and mental health and emotional well-being.
16. The Council's Constitution states that subject to matters being referred to it by the full Council, or the Executive and any timetables laid down by those bodies, overview and scrutiny management committee and its panels will determine its own work programme (overview and scrutiny procedure rule 6a).
17. Specific legal implications and advice will be provided as required on matters brought to the panel.

FINANCIAL IMPLICATIONS (AB 210219)

16. There are no specific financial implications arising from the recommendations in this report. Any financial implications relating to specific reports on the work plan will be included in those reports.

HUMAN RESOURCES IMPLICATIONS (JC 210219)

17. There are no specific human resource implications arising directly from this report. Any human resource implications relating to recommendations made

TECHNOLOGY IMPLICATIONS (NR 21/02/19)

18. There are no specific technology implications in relation to this report.

HEALTH IMPLICATIONS (RS 220219)

19. These are identified elsewhere within this report and within the appended presentation.

EQUALITY IMPLICATIONS (ER 210219)

20. There are no specific equality implications.

CONSULTATION

21. Not applicable.

BACKGROUND PAPERS

- 22.

Future in Mind (2015)

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf

NHS Five Year Forward View for Mental Health:

www.england.nhs.uk/wp-content/uploads/2016/02/Mental-Health-Taskforce-FYFV-final.pdf

NHS Implementing the Five Year Forward View for Mental Health:

www.england.nhs.uk/wp-content/uploads/2016/07/fyfv-mh.pdf

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